



HYSAN Island Hike and Run 2023

November 24, 2024

23km (20.5km) Individual Overall Timing



Overall Ranking	Race #	Last Name	First Name	Nationality	Team / Sponsor	CP 1	Split	CP 2	Split	Finish Time	Cat Position	Category
1	269	Wong	Ho Chung	HKSAR	Nnormal	1:11:00	0:18:00	1:29:00	0:28:05	01:57:05	1	Men 18-39
2	261	Chan	Cheuk Hang	HKSAR	-	1:12:00	0:20:00	1:32:00	0:32:24	02:04:24	2	Men 18-39
3	240	Yick	Glen	HKSAR	TPH Elite Team	1:16:00	0:21:00	1:37:00	0:32:37	02:09:37	3	Men 18-39
4	274	Planchat	Bastien	France	-	1:20:00	0:22:00	1:42:00	0:37:23	02:19:23	4	Men 18-39
5	246	Desmots	Thomas	France	-	1:21:00	0:22:00	1:43:00	0:37:27	02:20:27	5	Men 18-39
6	249	Scott	Joshua	UK	-	1:21:00	0:23:00	1:44:00	0:36:49	02:20:49	6	Men 18-39
7	197	Santer	Johann Peter	Australia	-	1:25:00	0:24:00	1:49:00	0:37:05	02:26:05	1	Men 40-49
8	178	Lau	Kam Fai	HKSAR	Crazy Running Club	1:26:00	0:24:00	1:50:00	0:37:44	02:27:44	7	Men 18-39
9	267	Yeong	Kwan Hung	HKSAR	RMAC	1:26:00	0:24:00	1:50:00	0:39:59	02:29:59	2	Men 40-49
10	193	Lo	Kinfai	China	-	1:28:00	0:25:00	1:53:00	0:37:40	02:30:40	3	Men 40-49
11	118	Dong	Chaoling	China	-	1:25:00	0:24:00	1:49:00	0:42:33	02:31:33	1	Women 18-39
12	169	Poyet	Benjamin	France	-	1:25:00	0:28:00	1:53:00	0:38:40	02:31:40	8	Men 18-39
13	260	Zhang	Zhi Yan	HKSAR	TPH Youth Team	1:27:00	0:26:00	1:53:00	0:39:28	02:32:28	9	Men 18-39
14	176	Tse	Shing Hei	HKSAR	-	1:30:00	0:24:00	1:54:00	0:39:27	02:33:27	10	Men 18-39
15	175	Knecht	Wouter	Netherlands	-	1:27:00	0:26:00	1:53:00	0:41:08	02:34:08	11	Men 18-39
16	174	Fonseca	Francisco	Portugal	-	1:32:00	0:25:00	1:57:00	0:39:06	02:36:06	12	Men 18-39
17	185	Chatagnon	Alban	France	-	1:27:00	0:26:00	1:53:00	0:43:49	02:36:49	13	Men 18-39
18	262	Chan	Cheuk Fung	HKSAR	-	1:28:00	0:25:00	1:53:00	0:45:42	02:38:42	14	Men 18-39
19	206	So	Patrick	HKSAR	PSTG	1:28:00	0:29:00	1:57:00	0:43:06	02:40:06	1	Men 50+
20	191	Wilcockson	David	Australia	-	1:31:00	0:26:00	1:57:00	0:43:58	02:40:58	4	Men 40-49
21	188	Maunier	Pierre	France	-	1:36:00	0:24:00	2:00:00	0:42:08	02:42:08	15	Men 18-39
22	179	Cheung	Ivan	China	-	1:33:00	0:29:00	2:02:00	0:41:30	02:43:30	16	Men 18-39
23	187	Leung	Ka Lun	HKSAR	-	1:35:00	0:25:00	2:00:00	0:47:12	02:47:12	17	Men 18-39
24	173	Chan	Wai Nok	HKSAR	-	1:41:00	0:27:00	2:08:00	0:42:01	02:50:01	18	Men 18-39
25	205	Li	Ken	HKSAR	-	1:39:00	0:27:00	2:06:00	0:44:06	02:50:06	2	Men 50+
26	202	Nam	Dik Ming	HKSAR	-	1:41:00	0:27:00	2:08:00	0:43:09	02:51:09	3	Men 50+
27	250	Buil	Judith	Germany	-	1:35:00	0:28:00	2:03:00	0:48:26	02:51:26	2	Women 18-39
28	140	Margolis	Natasha	Australia	-	1:41:00	0:27:00	2:08:00	0:43:28	02:51:28	3	Women 18-39
29	134	Wong	Wai Hin	HKSAR	-	1:38:00	0:31:00	2:09:00	0:43:28	02:52:28	19	Men 18-39
30	232	Guihard	Malo	France	-	1:35:00	0:29:00	2:04:00	0:49:05	02:53:05	20	Men 18-39



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31	156	Didier	Virginie	France	-	1:40:00	0:29:00	2:09:00	0:45:30	02:54:30	1	Women 40-49
32	263	Lau	Ellman	HKSAR	-	1:38:00	0:31:00	2:09:00	0:46:08	02:55:08	21	Men 18-39
33	133	Fung	Steven	UK	-	1:38:00	0:31:00	2:09:00	0:46:15	02:55:15	5	Men 40-49
34	113	Fung	Alan	HKSAR	-	1:38:00	0:26:00	2:04:00	0:52:09	02:56:09	6	Men 40-49
35	222	Lee	Wai Fong	HKSAR	-	1:44:00	0:28:00	2:12:00	0:44:44	02:56:44	2	Women 40-49
36	120	Gurung	Ben	HKSAR	-	1:38:00	0:30:00	2:08:00	0:48:53	02:56:53	22	Men 18-39
37	265	Li	Ying Fung	HKSAR	-	1:41:00	0:31:00	2:12:00	0:45:07	02:57:07	23	Men 18-39
38	145	Law	Kai Pong	HKSAR	-	1:44:00	0:26:00	2:10:00	0:48:33	02:58:33	24	Men 18-39
39	155	Ng	Kin Man	HKSAR	Fate HK	1:46:00	0:30:00	2:16:00	0:45:03	03:01:03	25	Men 18-39
40	165	Bodin	Maxime	France	-	1:38:00	0:32:00	2:10:00	0:51:21	03:01:21	26	Men 18-39
41	162	Hany	Jean-Christophe	France	-	1:42:00	0:32:00	2:14:00	0:48:11	03:02:11	27	Men 18-39
42	218	Ramos	Venus	Philippines	-	1:40:00	0:32:00	2:12:00	0:51:29	03:03:29	4	Women 18-39
43	195	Burrough	Ross	UK	-	1:40:00	0:33:00	2:13:00	0:51:01	03:04:01	7	Men 40-49
44	161	Genestoux	Paul	France	-	1:37:00	0:32:00	2:09:00	0:55:14	03:04:14	28	Men 18-39
45	259	Indrich	Torsten	Germany	inspirEd	1:41:00	0:31:00	2:12:00	0:52:20	03:04:20	8	Men 40-49
46	245	Loubiere	Celine	France	-	1:41:00	0:32:00	2:13:00	0:51:37	03:04:37	5	Women 18-39
47	131	Williamson	Greg	New Zealand	-	1:47:00	0:31:00	2:18:00	0:46:42	03:04:42	4	Men 50+
48	221	妮	云	China	-	1:47:00	0:31:00	2:18:00	0:48:03	03:06:03	3	Women 40-49
49	237	Muñoz Asuncion	Jorge	Spain	-	1:40:00	0:33:00	2:13:00	0:53:19	03:06:19	29	Men 18-39
50	247	Bodegon	Jovilyn	Philippines	-	1:44:00	0:29:00	2:13:00	0:54:02	03:07:02	6	Women 18-39
51	231	Monteforte	Michael	US	-	1:42:00	0:31:00	2:13:00	0:55:09	03:08:09	5	Men 50+
52	130	Roberts	Dan	UK	-	1:46:00	0:31:00	2:17:00	0:52:35	03:09:35	9	Men 40-49
53	271	Tam	Johny	HKSAR	-	1:49:00	0:31:00	2:20:00	0:51:38	03:11:38	10	Men 40-49
54	102	Man	Dennis Yue Shing	HKSAR	-	1:49:00	0:34:00	2:23:00	0:49:05	03:12:05	11	Men 40-49
55	234	Bazin	César	France	H•KREW	1:42:00	0:39:00	2:21:00	0:51:40	03:12:40	30	Men 18-39
56	181	Wong	Ka Keung	HKSAR	-	1:52:00	0:34:00	2:26:00	0:47:02	03:13:02	31	Men 18-39
57	201	Chen	Junsong	China	iest	1:48:00	0:29:00	2:17:00	0:56:11	03:13:11	6	Men 50+
58	147	Muilwijk	Thom	Netherlands	-	1:49:00	0:32:00	2:21:00	0:52:40	03:13:40	32	Men 18-39
59	129	Mo	Kwai On	HKSAR	-	1:54:00	0:33:00	2:27:00	0:47:13	03:14:13	33	Men 18-39
60	235	Sham	Anita	UK	-	1:49:00	0:31:00	2:20:00	0:54:15	03:14:15	7	Women 18-39



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61	207	Liu	Kwok Kei	HKSAR	-	1:53:00	0:33:00	2:26:00	0:48:17	03:14:17	7	Men 50+
62	255	Hwang	Khanh	Australia	-	1:46:00	0:33:00	2:19:00	0:55:36	03:14:36	12	Men 40-49
63	275	Tang	Kwan Yiu	HKSAR	-	1:54:00	0:32:00	2:26:00	0:49:03	03:15:03	13	Men 40-49
64	252	Gorkhali	Rb	Nepal	-	1:44:00	0:38:00	2:22:00	0:53:08	03:15:08	14	Men 40-49
65	119	Lau	Ling	HKSAR	-	1:52:00	0:32:00	2:24:00	0:52:38	03:16:38	1	Women 50+
66	241	Pao	Mandy	HKSAR	-	1:50:00	0:27:00	2:17:00	0:59:49	03:16:49	8	Women 18-39
67	209	Tam	Kin Pong Jacky	HKSAR	-	1:58:00	0:27:00	2:25:00	0:54:48	03:19:48	15	Men 40-49
68	210	Tong	Matthew	HKSAR	-	1:52:00	0:35:00	2:27:00	0:54:51	03:21:51	8	Men 50+
69	105	Cansell	Stephen	UK	-	1:49:00	0:35:00	2:24:00	0:58:05	03:22:05	9	Men 50+
70	144	Hui	Edi	HKSAR	-	1:49:00	0:38:00	2:27:00	0:55:39	03:22:39	4	Women 40-49
71	103	Lim	Wee Chea	Malaysia	-	1:50:00	0:35:00	2:25:00	0:57:48	03:22:48	34	Men 18-39
72	264	Stirling	Josh	New Zealand	-	1:52:00	0:35:00	2:27:00	0:58:01	03:25:01	35	Men 18-39
73	258	Dacoco	Develyn	Philippines	The bestie hikers	1:51:00	0:35:00	2:26:00	0:59:52	03:25:52	5	Women 40-49
74	226	Siu	Amanda	HKSAR	-	1:55:00	0:36:00	2:31:00	0:57:25	03:28:25	6	Women 40-49
75	243	Chan	Hon Man	HKSAR	-	1:56:00	0:35:00	2:31:00	0:57:38	03:28:38	10	Men 50+
76	138	Rudas	Marinel	Philippines	-	2:04:00	0:29:00	2:33:00	0:56:04	03:29:04	9	Women 18-39
77	248	何	素嫻	HKSAR	-	2:00:00	0:30:00	2:30:00	1:01:08	03:31:08	2	Women 50+
78	233	Tong	Xiaoxi	China	-	1:51:00	0:34:00	2:25:00	1:06:35	03:31:35	11	Men 50+
79	189	Leung	Sw	HKSAR	-	2:01:00	0:33:00	2:34:00	1:02:37	03:36:37	16	Men 40-49
80	270	Hsiao	Stacey	Taiwan	-	2:00:00	0:35:00	2:35:00	1:01:46	03:36:46	10	Women 18-39
81	136	Cheng	Chung Yu	HKSAR	-	2:04:00	0:32:00	2:36:00	1:00:55	03:36:55	36	Men 18-39
82	196	Lam	Tat Shing	HKSAR	-	2:06:00	0:33:00	2:39:00	0:59:52	03:38:52	17	Men 40-49
83	135	Kwan	Lap Tak	HKSAR	-	2:02:00	0:36:00	2:38:00	1:01:06	03:39:06	37	Men 18-39
84	251	Apay	Jenny Rose	Philippines	-	2:00:00	0:38:00	2:38:00	1:02:20	03:40:20	11	Women 18-39
85	152	Lau	Chun Kwok	HKSAR	-	2:08:00	0:38:00	2:46:00	0:54:41	03:40:41	12	Men 50+
86	215	Lee	James C K	UK	-	1:57:00	0:35:00	2:32:00	1:08:50	03:40:50	13	Men 50+
87	121	Ip	Shing Hing	HKSAR	-	2:06:00	0:37:00	2:43:00	1:01:01	03:44:01	14	Men 50+
88	212	Choi	Chi Wah	HKSAR	-	2:03:00	0:35:00	2:38:00	1:06:12	03:44:12	15	Men 50+
89	143	Wang	Li	HKSAR	-	1:54:00	0:41:00	2:35:00	1:10:37	03:45:37	38	Men 18-39
90	108	Wong	Zoey	Singapore	RIOT SG	2:09:00	0:37:00	2:46:00	0:59:53	03:45:53	7	Women 40-49



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91	268	Richard	David	France	-	2:08:00	0:38:00	2:46:00	1:02:32	03:48:32	16	Men 50+
92	163	Ballu	Nicolas	France	-	2:01:00	0:37:00	2:38:00	1:11:01	03:49:01	39	Men 18-39
93	150	Choi	Yik Chin	HKSAR	-	2:03:00	0:39:00	2:42:00	1:07:20	03:49:20	40	Men 18-39
94	223	Chan	Sarah	HKSAR	-	2:13:00	0:38:00	2:51:00	1:00:18	03:51:18	8	Women 40-49
95	122	Abella	Raza	UK	-	2:17:00	0:34:00	2:51:00	1:02:26	03:53:26	17	Men 50+
96	213	Wan	Bing Leung	HKSAR	-	2:11:00	0:40:00	2:51:00	1:02:44	03:53:44	18	Men 50+
97	253	Rana	Lucky	Nepal	-	2:02:00	0:46:00	2:48:00	1:07:05	03:55:05	18	Men 40-49
98	109	Wong	Meng Kit	Singapore	-	2:09:00	0:37:00	2:46:00	1:09:20	03:55:20	41	Men 18-39
99	124	Koh	Ks	HKSAR	-	2:13:00	0:40:00	2:53:00	1:02:35	03:55:35	19	Men 50+
100	177	Yuen	Wang Hong	HKSAR	-	1:56:00	0:46:00	2:42:00	1:16:11	03:58:11	42	Men 18-39
101	254	Humphries	Maurice	UK	-	2:09:00	0:37:00	2:46:00	1:16:28	04:02:28	20	Men 50+
102	111	Leung	Siu Hei	HKSAR	-	2:22:00	0:36:00	2:58:00	1:04:35	04:02:35	43	Men 18-39
103	151	Chan	Kwok Kuen	HKSAR	-	2:11:00	0:43:00	2:54:00	1:08:51	04:02:51	21	Men 50+
104	123	Puget	Adeline	France	-	2:19:00	0:43:00	3:02:00	1:01:46	04:03:46	9	Women 40-49
105	219	Tsang	Wan Yee Diana	HKSAR	-	2:22:00	0:40:00	3:02:00	1:03:00	04:05:00	10	Women 40-49
106	117	Carag	Ma Emily	Philippines	Kph	2:15:00	0:40:00	2:55:00	1:10:47	04:05:47	3	Women 50+
107	158	Mangacat	Pedro	Philippines	Filipino Amateur Hikers & Runners Group	2:22:00	0:40:00	3:02:00	1:09:54	04:11:54	19	Men 40-49
108	244	Crocq	Michael	France	-	2:04:00	0:37:00	2:41:00	1:33:22	04:14:22	20	Men 40-49
109	227	Lue	Stella	HKSAR	-	2:24:00	0:41:00	3:05:00	1:12:21	04:17:21	4	Women 50+
110	101	Cheung	Dennis Ck	HKSAR	-	2:34:00	0:31:00	3:05:00	1:18:27	04:23:27	22	Men 50+
111	112	Cheung	Sau Yi	HKSAR	-	2:28:00	0:41:00	3:09:00	1:16:44	04:25:44	5	Women 50+
112	115	Chan	Yi Xing	Singapore	-	2:19:00	0:43:00	3:02:00	1:24:21	04:26:21	21	Men 40-49
113	257	Zurbito	Collen Ruth	Philippines	The bestie hikers	2:22:00	0:53:00	3:15:00	1:14:22	04:29:22	12	Women 18-39
114	236	Lindberg	David	Canada	-	2:48:00	0:37:00	3:25:00	1:04:44	04:29:44	23	Men 50+
115	256	Gabales	Jeremiah	Philippines	The bestie hikers	2:25:00	0:50:00	3:15:00	1:18:19	04:33:19	13	Women 18-39
116	192	Ding	Feng	China	-	2:35:00	0:43:00	3:18:00	1:15:37	04:33:37	22	Men 40-49
117	141	Siu	Henry	HKSAR	-	2:37:00	0:43:00	3:20:00	1:16:02	04:36:02	23	Men 40-49
118	266	Liu	Henry	HKSAR	Hike Lo	2:11:00	0:44:00	2:55:00	1:45:12	04:40:12	44	Men 18-39
119	107	Lau	Kam Piu Magic	HKSAR	-	2:22:00	0:44:00	3:06:00	1:37:39	04:43:39	24	Men 50+
120	146	Kwai	Kin Lun	HKSAR	-	2:41:00	0:40:00	3:21:00	1:24:34	04:45:34	25	Men 50+



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121	125	Koh	Karen Tung Lam	HKSAR	-	2:30:00	0:48:00	3:18:00	1:27:46	04:45:46	14	Women 18-39
122	157	Hsu	M	China	-	2:37:00	0:40:00	3:17:00	1:29:17	04:46:17	6	Women 50+
123	228	Sun	Yolanda	HKSAR	-	2:52:00	0:44:00	3:36:00	1:15:21	04:51:21	15	Women 18-39
124	149	Lao	Man Chi	HKSAR	-	3:01:00	0:46:00	3:47:00	1:43:32	05:30:32	45	Men 18-39
125	148	Chi Fung	Leung	HKSAR	-	3:01:00	0:46:00	3:47:00	1:44:38	05:31:38	24	Men 40-49
126	180	Pang	Ying Kin	HKSAR	-	2:54:00	1:05:00	3:59:00	1:48:59	05:47:59	46	Men 18-39
127	167	Wilkins	Asa	Denmark	-	3:01:00	1:04:00	4:05:00	1:50:55	05:55:55	11	Women 40-49
128	168	Soklakov	Gemma	UK	-	3:01:00	1:04:00	4:05:00	1:50:55	05:55:55	12	Women 40-49
129	139	Yeung	Ivan	HKSAR	-	3:01:00	1:17:00	4:18:00	1:51:17	06:09:17	47	Men 18-39
130	142	Yau	Ching Wan	HKSAR	-	3:01:00	1:17:00	4:18:00	1:51:17	06:09:17	16	Women 18-39
131	137	Leslie	Cheung	HKSAR	-	2:43:00	0:46:00	3:29:00	-	-	DNF	Men 50+
132	220	Wong	Amie	HKSAR	-	1:33:00	0:29:00	2:02:00	-	-	DNF	Women 40-49
133	239	Wu	Ping	HKSAR	-	-	-	-	-	-	DNF	Women 50+
134	104	Tung	Michael	Taiwan	-	-	-	-	-	-	DNS	Men 40-49
135	106	Xue	Yuzhuo	China	-	-	-	-	-	-	DNS	Women 18-39
136	110	Luo	Yu	HKSAR	-	-	-	-	-	-	DNS	Women 50+
137	114	Cheng	David	HKSAR	-	-	-	-	-	-	DNS	Men 40-49
138	116	Jia	Jason	Australia	-	-	-	-	-	-	DNS	Men 40-49
139	127	Wong	Kitkit	HKSAR	-	-	-	-	-	-	DNS	Women 50+
140	128	Liu	Tsz Ting Catherine	China	-	-	-	-	-	-	DNS	Women 40-49
141	132	Born	Sebastian	Germany	-	-	-	-	-	-	DNS	Men 18-39
142	153	Brown	Bailee	HKSAR	Team MarkYu	-	-	-	-	-	DNS	Women 18-39
143	154	Yu	Shing Him	HKSAR	Team Markyu	-	-	-	-	-	DNS	Men 18-39
144	159	Rogers	Jack	UK	-	-	-	-	-	-	DNS	Men 18-39
145	160	Chan	Chi Man	HKSAR	-	-	-	-	-	-	DNS	Men 50+
146	164	Lecoyer	Theo	France	-	-	-	-	-	-	DNS	Men 18-39
147	166	Farquharson	Jennifer	Canada	-	-	-	-	-	-	DNS	Women 18-39
148	170	Wong	Leo	Taiwan	-	-	-	-	-	-	DNS	Men 18-39
149	171	Muthupalaniappa	Muthucarupan	India	-	-	-	-	-	-	DNS	Men 18-39
150	172	Wang	Qingxin	China	-	-	-	-	-	-	DNS	Men 18-39



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23km (20.5km) Individual Overall Timing



Overall Ranking	Race #	Last Name	First Name	Nationality	Team / Sponsor	CP 1	Split	CP 2	Split	Finish Time	Cat Position	Category
151	182	Chan	King Fung	HKSAR	-	-	-	-	-	-	DNS	Men 18-39
152	183	Mcintosh	Andrew	South Africa	-	-	-	-	-	-	DNS	Men 18-39
153	184	Robson	Thomas	UK	-	-	-	-	-	-	DNS	Men 18-39
154	186	Montfort	Louis	France	-	-	-	-	-	-	DNS	Men 18-39
155	194	Okihiro	Sean	US	BeanCurious Coffee	-	-	-	-	-	DNS	Men 40-49
156	198	Yung	Yuet	HKSAR	PSTG	-	-	-	-	-	DNS	Men 40-49
157	199	Shum	Ho Pun	HKSAR	-	-	-	-	-	-	DNS	Men 40-49
158	200	Tan	Indra	Canada	-	-	-	-	-	-	DNS	Men 40-49
159	203	Siu	Edwin	HKSAR	-	-	-	-	-	-	DNS	Men 50+
160	204	Yamaguchi	Go	Japan	-	-	-	-	-	-	DNS	Men 50+
161	208	Tho	Yeong Wah	Malaysia	-	-	-	-	-	-	DNS	Men 50+
162	211	Lavish	Edward	Netherlands	-	-	-	-	-	-	DNS	Men 50+
163	214	Leung	Kwai Sang Timothy	HKSAR	-	-	-	-	-	-	DNS	Men 50+
164	216	Wong	Ka Man	HKSAR	-	-	-	-	-	-	DNS	Women 18-39
165	217	Sun	Peilun	China	-	-	-	-	-	-	DNS	Women 18-39
166	224	Law	Wai Sze	Hungary	-	-	-	-	-	-	DNS	Women 40-49
167	225	Sato	Miho	Japan	-	-	-	-	-	-	DNS	Women 40-49
168	230	Putler	Oliver	UK	-	-	-	-	-	-	DNS	Men 18-39
169	238	Ferris Monera	Jose	Spain	-	-	-	-	-	-	DNS	Men 50+
170	242	Gann	Philip	Australia	Hong Kong Dragons	-	-	-	-	-	DNS	Men 50+
171	272	Rao	Ashish	India	-	-	-	-	-	-	DNS	Men 50+
172	273	Rabin	Gurung	Nepal	-	-	-	-	-	-	DNS	Men 40-49